

Healthy active places principles



Everyday moving

Creating the conditions for a cultural shift to make moving a part of every day for all.

- > Invitations to move and play
- > Well designed networks of walking, wheeling and cycling routes for travel and leisure
- > Compact / connected neighbourhoods



Joy

Embedding joy within everyday experiences for fulfilling lives.

- > Space to inhabit, enjoy and for everyday play
- > Places for art and culture
- > Celebrating the identity of neighbourhoods / communities
- > Encouraging social interaction



Spaces for nature

Creating natural and holistically sustainable spaces.

- > Sustainable and carbon conscious places and spaces
- > Green and blue spaces for a healthy population and planet
- > Connected networks of big and little spaces



Nourishing places

Considering what our bodies and minds need.

- > Clean air, daylight, healthy food
- > Warm and comfortable environment
- > Supporting mental wellbeing



For everyone

Ensuring that everyone and every body across GM have healthy and active places to enjoy.

- > Sensitive to people and communities
- > Considering individual needs
- > Accessible and welcoming to all
- > Challenging spatial inequities



Rooted in communities

Places that are designed with our communities.

- > Co-production of spaces
- > Space for communities to own, inhabit and love
- > Promoting local champions



In all our places

Healthy spaces across our lives.

- > Homes
- > Workplaces
- > Education
- > Leisure
- > Healthcare
- > Community / Faith Centres



Integrated places

Health and activity integrated in our communities and places.

- > Health and wellness cues and facilities integrated into communities
- > Diverse and mixed-use neighbourhoods