

Shifting all the influences

Language, myths, metaphors, stories, hierarchy of values, know how, assumptions, mind set, imagery, belief, worldview

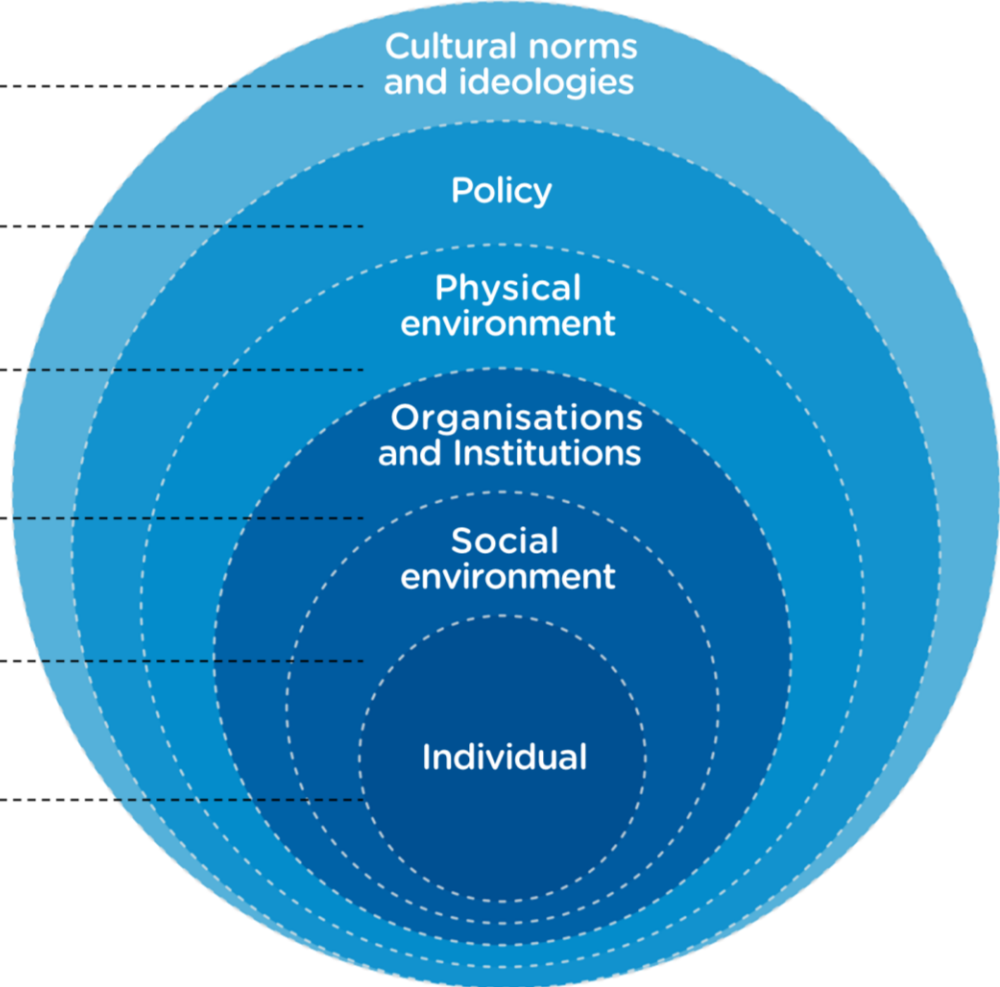
International and national guidance and laws, local laws and policies, rules, regulations, codes, times and schedules

Built environment, natural environment, green and blue spaces, transport networks, homes

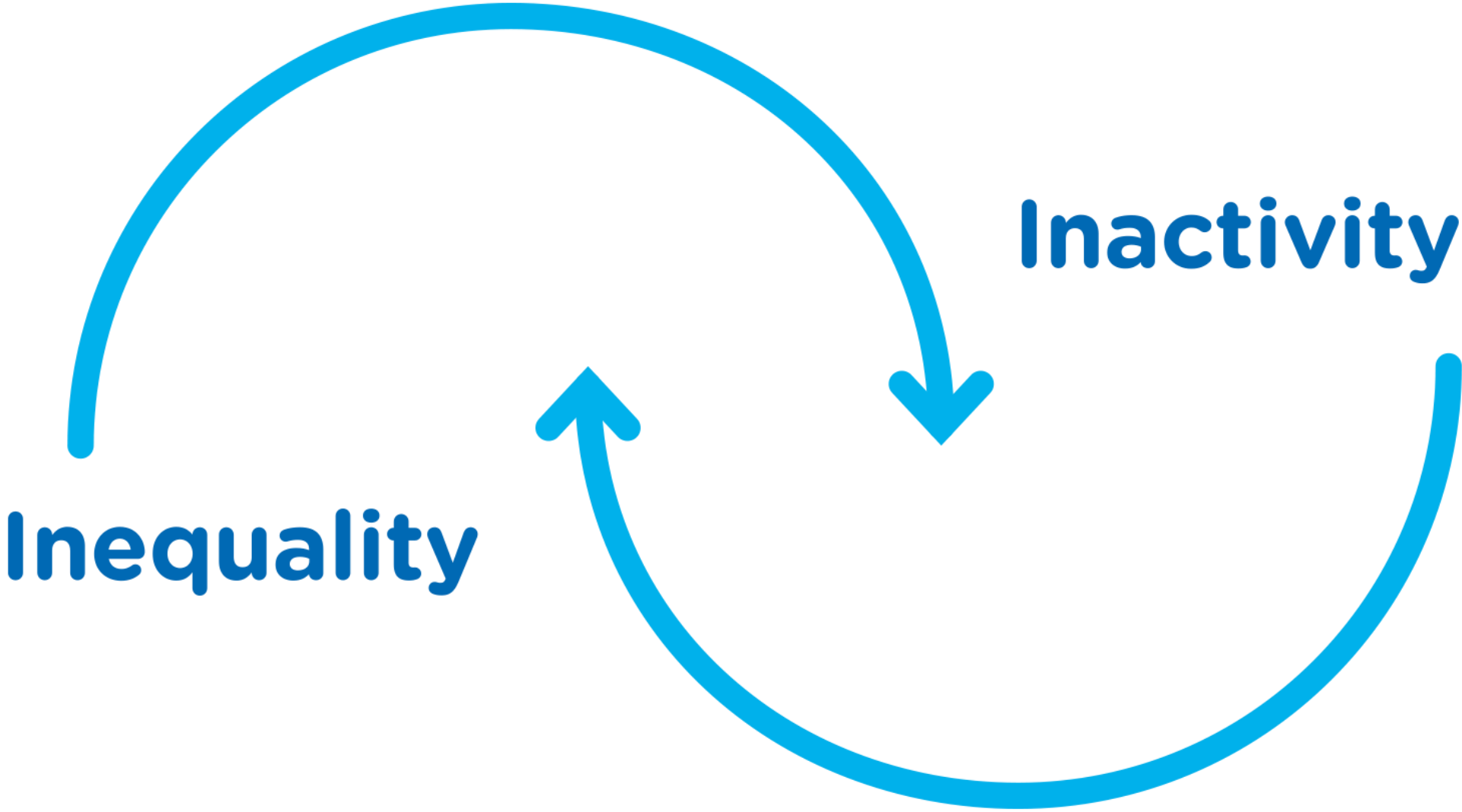
Schools, health care, businesses, faith organisations, charities, clubs

Individual relationships, families, support groups, social networks

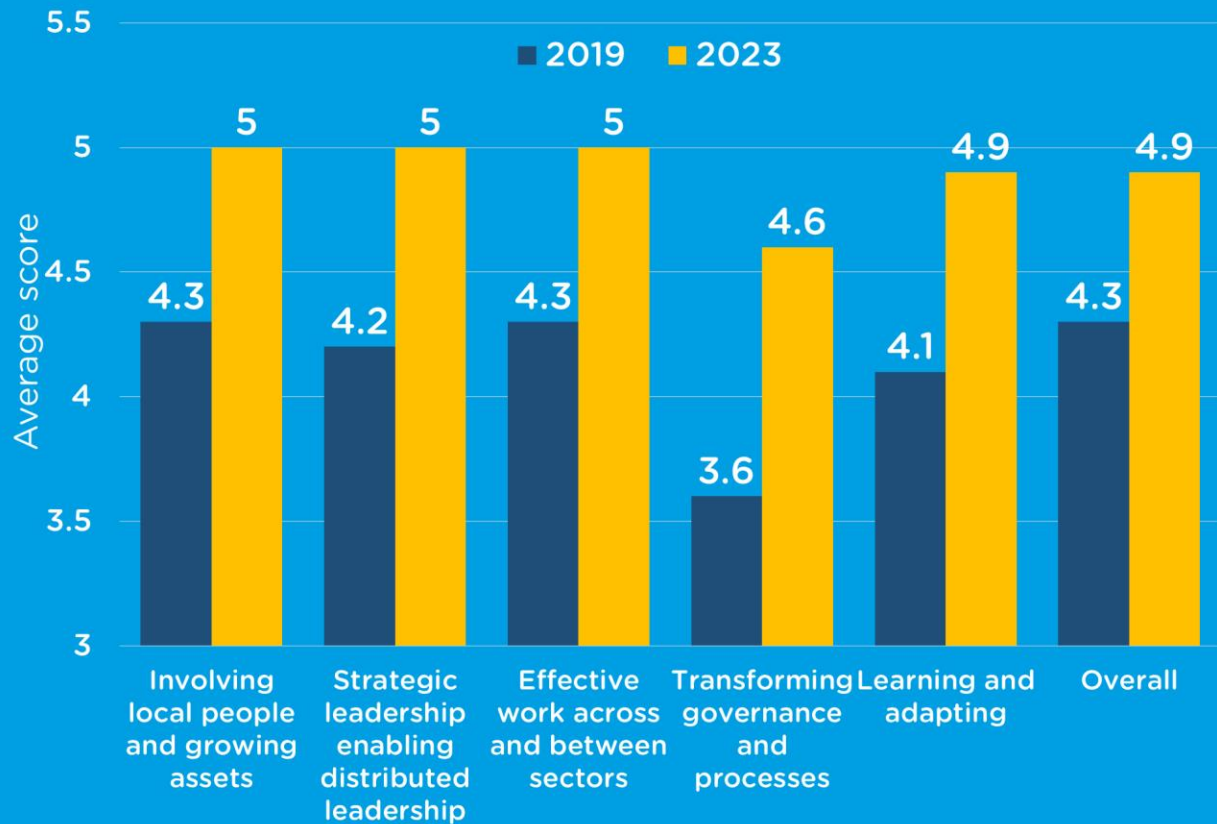
Individual capabilities, motivations, opportunities, knowledge, needs, behaviours, physical and mental health and wellbeing



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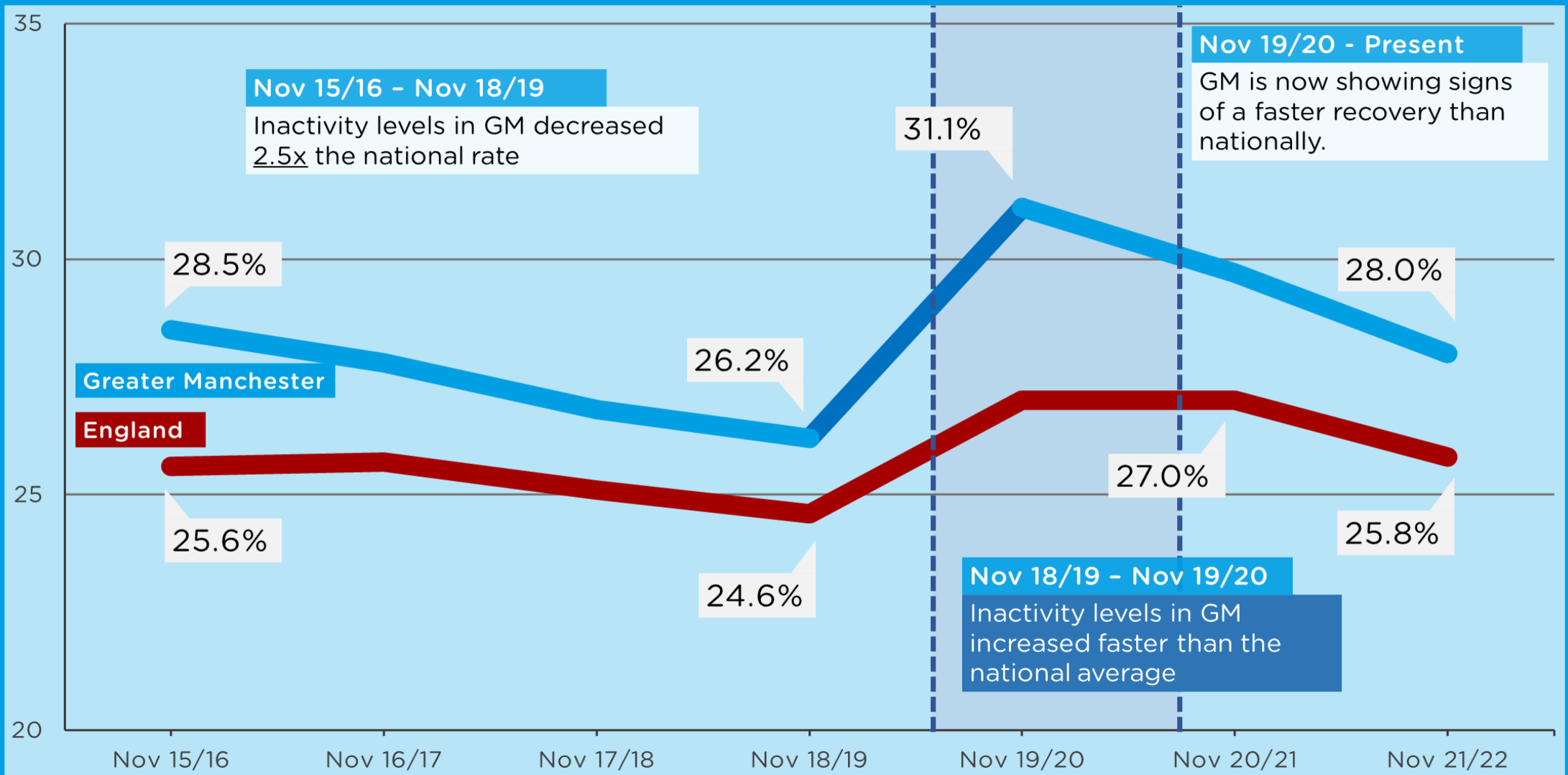
System conditions for Greater Manchester



On a scale of 1 to 7 (where 7 is fully established) stakeholders were asked to what extent they agree or disagree with a series of statements about the conditions to enable active lives.

Inactivity Levels - Adults*

Greater Manchester



Source: Sport England, Adult Active Lives Survey - Updated: April 2023

*inactive for adults is defined as less than 30 minutes a week of moderate intensity physical activity (Sport England, Active Lives Survey)

