

GREATERSPORT

**Priority plan:
Active children
and young
people**



Active children and young people

Our shared ambition

Children and young people leading active lives, moving everyday with greater choice, say and independence in when and how they move in safe and age-appropriate spaces.

Active children and young people

Our contribution

Working collaboratively, with an intersectional approach, across Greater Manchester sectors and networks, to ensure that children aged 0-4 years start well with a focus on physical literacy and children, young people and young adults aged 5-25 years, are supported to create healthy habits to live lifelong healthy lifestyles.

Lead the network, using research, data, insight, and digital assets - enabling whole system leadership, ultimately transforming governance, processes and cultural norms.

Support the Greater Manchester networks (including education, health, voluntary and youth sector workforce) by investing, learning, adapting and sharing, involving local people and places in the process, continually learning together.

Connect – Build effective cross sector relationships and partnerships, internally between the GreaterSport families, Greater Manchester wide and nationally, to bring to life the Active Children and Young People Ambitions of GM Moving - ultimately creating positive experiences for ALL children and young people in Greater Manchester.

Active children and young people

Our activities

With a focus on data, local insight and leadership, using an intersectional approach, we will:

Early Years – Continue to champion and promote the role of physical activity in supporting the physical development and physical literacy priority in Early Years settings, more specifically U5's. Our role will be to lead, support and connect the workforce, families and wider partners/sectors to understand the importance of creating early positive experiences of Physical Activity to support engagement through the life course.

Tailored approach - Healthy weight, low socio-economic status and SEND.

Active Education – Lead, support and connect the network, through ways of working, advocacy, influencing, data, insight and digital. Creating a culture around a whole school approach to physical activity within education, ensuring it is everyone's responsibility to support young people to move more every day. Using School Games and Creating an Active School Framework as vehicles to drive and support this change across Education and Health agendas.

Tailored approach - SEND, Alternative Provision and Pupil Referral Units, Secondaries, inactive, free school meals, girls.



Active children and young people

Our activities continued

Positive Social Outcomes – Lead, support and connect education, community and health agendas to maximise the social impact of movement, physical activity and sport, working together to share knowledge, expertise and opportunities.

The key areas of focus will be crime reduction, mental health & wellbeing and personal development of the workforce (paid and voluntary) terms of Movement, Physical Activity and Sport.

Tailored approach - young women, LGBTQ+, those at risk of anti-social behaviour, hyper local pilots, year 6-7 transition (CAMHS focus), paid and voluntary workforces.

Youth Voice – Work closely with the youth sector and youth voice networks in Greater Manchester, the northwest and nationally, to enable the system to ensure youth voice is at the heart of their policies and practices. Creating a cultural norm of respecting young peoples' collective voices in social change and the services that they access, having an ethos of listening to hear, not listening to respond, to young people.

Tailored approach - Gypsy Roma traveller, trans and non-binary, and black working-class communities, inactive youth groups to support positive mental health, anti-social behaviour and youth justice, LGBTQ+, ethnically diverse communities, women and girls.



Active children and young people

Our activities continued

Active Spaces – Working closely with Greater Manchester, regional and national networks to lead and support the creation of young people led, safe and healthy active spaces. Using data and local insight to support the network to open school facilities beyond the school day. Welcoming members of the community, widening the opportunity for movement, physical activity and sport engagement, creating lifelong healthy habits for more children, young people their families and the community local to them.

Tailored approach - Free school meal (FSM), female, Special Educational Needs and Disabilities (SEND) and Black, Asian and Minority Ethnic (BAME).



Active children and young people

Indicators of Change

Early Years

- Equal access to physical development in Early Years.
- Early years settings prioritising and valuing the wider benefits of physical development and physical activity.
- Upskilled and confident workforce to deliver high quality Physical Development and PA opportunities.

Active Education

- Increased awareness, accessible facilities and opportunities for physical activity in education to be prioritised and embedded across the school day, away from just curriculum PE.
- Creating a culture around whole school approach to physical activity within education to ensure it is everyone's responsibility that helps people to move more everyday.
- Whole School Policy change and approach. Physical activity prioritised and embedded across the school day.



Active children and young people

Indicators of Change, continued

Youth Voice

- Having an ethos of listening to hear, not listening to respond to young people in all settings/sectors.
- Youth led ideal to inform and enable cultural change to improve social outcomes and ensure the voice of young people is heard and implemented at any level.
- Youth Voice integrated into GM policies and co-designed with young people.

Positive Social Outcomes

- Reduction in unemployment, crime, anti-social behaviour and the need to access NHS services.
- Upskilled workforce (voluntary and employed) in a infrastructure that is supportive of a diverse range of young people, who have different life experiences and needs.
- Shared messaging and importance across the sectors with regards to movement, PA and sport.



Active children and young people

Indicators of Change, continued

Active Spaces

- Safe places for community members to be active in.
- Reach new audiences to address inequalities & Increase opportunities for movement, PA and sport.
- Improve the link between the school and their local community.
- Raise the profile of what active spaces looks and feels like and the language used.



Active children and young people

Indicators of Change, continued

How will we know?

- Active Lives and #BeeWell data
- Monthly reflections and quarterly sense making
- System learning and stories shared
- Evidence from test & learn pilots
- Upskilled diverse workforce to share key movement, physical activity sport messages
- Youth informed led practice and policies
- More community sites open across GM to a diverse range on communities relevant to the locality.
- Connectivity across agendas such as Pupil Premium, HAF, Sport Premium

