



Didsbury Business Games week 3 It's dirty work but it's all for a good cause

Wednesday 24th May saw the Didsbury Business Games reach its half way stage on a very warm evening. The Very Muddy event took place at the Didsbury Sports Ground and was run by Scott Harrison of Infiniti Fitness and Trafford Cross Fit.

Without a doubt the warmer conditions and more challenging events took a little more out of the competitors this week. The 5 team based challenges including the Thor's Hammer event, Commando Sprint and Muddy AMRAP were designed to do just that. Less mud, more sweat and hard work in the end with the eventual winners of this week's challenge, Waterside Hotel and Leisure Club standing out from the other competitors.

Scott Harrison from Infiniti Fitness commented, 'I had taken some classes earlier today and the heat had been a factor, draining energy levels faster than usual. With the added element of competitiveness tonight the event was even more gruelling but everyone did well to ensure fund raising for the Christie as well as well-earned points for their team.'

Although the event is bringing out some active competitive fun for companies across Didsbury the event is aiming to raise money for The Christie and in particular The Teenage and Young Adult Unit which is a specialist cancer centre for children teens and young adults.

The event has now raised over £3363.40 and is well on its way to raising the 12k goal.

Next week the Didsbury Business Games takes a break but then moves to Waterside Hotel & Leisure Club for the Dodge Ball event on 7th June.

You can keep up to date with the results and scores by visiting www.didsburybusinessgames.co.uk and don't forget you can sponsor the event and help raise funds or make a donation by visiting www.didsburybusinessgames.co.uk/sponsor-an-event

