

Salford Overview (Nov 2017-18)



MORE PEOPLE MOVING



Overall there are 149,600 adults moving in Salford, an increase of 14,100 adults since 2015-16. Whilst those achieving 150 minutes a week has increased by 6,800 adults (+2.2%), those who are fairly active has increased by 7,600 adults (+3.4%).

1/4 OF ADULTS INACTIVE

There are still over a quarter of adults (25.5%) that are inactive (not achieving 30 minutes of activity a week), which is below the GM average of 26.8% and above the national average of 25.1%. This equates to 51,200 adults in Salford who are inactive, which is a decrease by -5.6% and 9,900 adults since 2015-16.

4/10 ADULTS & 6/10 CYP

There are still 4/10 (40.3%) adults (16+ years) and 6/10 (56.4%) CYP (Children and Young People, between 5-15 years) not reaching Chief Medical Officers Guidelines, to benefit their health. This is higher than the GM average for adults at 39.4% and less than the GM average for CYP at 60.1%.



GM TARGETS



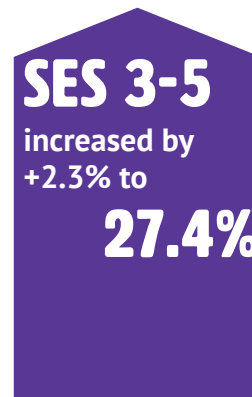
PEOPLE IN A PLACE

There are significant inequalities in **inactivity** levels across people and place. The trend at a GM and national level since 2015-16 has seen the gender, disability and age (between 16-34 year olds and 75+) inactivity gaps narrow, or improve, but the socio-economic status (SES, between SES 6-8 and SES 1-2) gap has remained the same.

Whereas in **Salford**, the SES and disability gaps have narrowed but the gender and age gaps have increased.

The **gender** gap has increased by **+4.4%** to 7.1%, the second highest across GM.

The **SES** gap has narrowed considerably by **-16.4%**, the biggest decrease across GM, and the lowest gap at 7.4%, despite starting with the biggest gap of 23.8% in 2015-16.



The **disability** gap has narrowed by **-3%**.

The **age** gap has increased by **+5.7%** and is the highest across GM at 44.5%. Inactivity has decreased across all age groups but more so in the younger age groups.

