

Bury Overview (Nov 2017-18)



LESS PEOPLE MOVING



Overall there are 109,200 adults moving in Bury, this is 1,100 less since 2015-16. Whilst there are 5,400 more adults fairly active, an increase of +3.5%. Those adults reaching 150 minutes or more a week has decreased by 6,500 adults and -4.7%.

1/4 OF ADULTS INACTIVE

There are still over a quarter of adults (27.6%) that are inactive (not achieving 30 minutes of activity a week), which is above the GM average of 26.8% and the national average of 25.1%. This equates to 41,700 adults inactive in Bury, 2,200 more and an increase by +1.2% since 2015-16.

4/10 ADULTS & 6/10 CYP

There are still 4/10 (42.5%) adults (16+ years) and nearly 6/10 (57.5%) CYP (Children and Young People, between 5-15 years) not reaching Chief Medical Officers Guidelines, to benefit their health. This is higher than the GM average for adults at 39.4% and lower than the GM average for CYP at 60.1%.



GM TARGETS



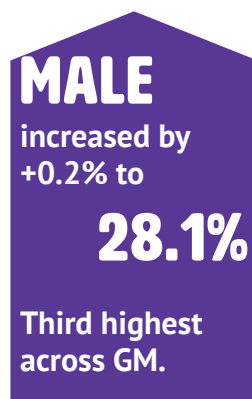
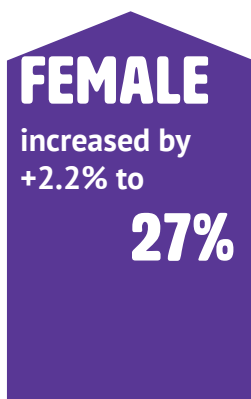
PEOPLE IN A PLACE

There are significant inequalities in **inactivity** levels across people and place. The trend at a GM and national level since 2015-16 has seen the gender, disability and age (between 16-34 year olds and 75+) inactivity gaps narrow, or improve, but the socio-economic status (SES, between SES 6-8 and SES 1-2) gap has remained the same.

Whereas in **Bury**, whilst the gender, disability and age gaps have narrowed, the SES gap has increased.

The **gender** gap has reversed the trend in that more males are inactive than females. However, recent results have seen the gap narrow by **+2%**.

The **SES** gap has increased considerably by **+13.9%**, mainly because inactivity within SES 6-8 was so low in 2015-16, at 25.8% compared to GM at 37.5%.



The **disability** gap has narrowed by **-3.1%**, the lowest gap across GM at 15%.

The **age** gap has narrowed by **-0.6%**.

