GREATERSPORT

YEAR 3/4 TENNIS

24TH JUNE 2020



Teams

All players must be in year 3 or year 4
Squads can have up to 4 players
4 players on the pitch at a time
Teams must be made up of 2 girls and 2 boys

Equipment

All equipment will be provided on the day, however, if you want to bring your own then 21" or 23" mini red tennis rackets must be used. Schools should ensure participants are wearing suitable sportswear and footwear. Please see the example activity stations, where possible these should be practiced ahead of the event.

Stations

Teams will rotate round the following activity stations for 10 minutes. Stations will be scored by fastest time, highest score in an allotted time or out of 10. Every point counts towards an individual and team score.

- 1. Uppies
- 2. Serve challenge
- 3. Walk a dog
- 4. Balls out challenge
- 5. Downies
- 6. Ball balance
- 7. Team Challenge Burger relay
- 8. Shuttle Run
- 9. Longest rally with leader
- 10. Mystery Challenge

BEE PROUD Pathway

Belong **P**ositive experience

Engagement **R**epresent

Enjoyment **O**pportunity for all

Unlock potential **D**evelop people

This event is for young people who have not previously taken part in the School Games and may not actively participate in sport and physical activity in or out of school. Schools may have participated in a festival at level 2 but entry to the level 3 competition will be determined by local School Games Organisers

Competition Format

Each team will rotate round 10 activity stations led by young leaders. They will keep their own team score on a score card supplied. They will then complete a second circuit and aim to beat their personal best and team score.

Schools will be ranked in finishing orders for both rounds as well as greatest improvement in scores.

Bonus points will be awarded by leaders for good examples of the School Games values being displayed.













Health and Safety

Players should wear suitable footwear. No jewellery to be worn.

All loose clothing must be tucked in and shoelaces tied.

No chewing gum or sweets.

Players should bring plenty of drinks.

All players are advised to warm up appropriately before each match.

Medical supplies that players may need should be brought with them on the day i.e. asthma inhalers.

All team teachers must ensure their pupils are under adult supervision at all times, even when playing.

Fair Play

The ideals of good sportsmanship and respect should permeate throughout all competitive and recreational sport. They are displayed by someone who abides by the rules of a contest, respects their opponents and accepts victory or defeat graciously.





