

# Tameside Overview (Nov 2017-18)



## MORE PEOPLE MOVING



Overall there are 129,200 adults moving in Tameside, 5,600 more since 2015-16. This is mostly due to an increase by +1.7% and 4,100 of those achieving 150 minutes a week. There has also been an increase by 1,500 (+0.7%) of those that are fairly active.

## 3/10 OF ADULTS INACTIVE

There are nearly three tenths of adults (28.0%) that are inactive (not achieving 30 minutes of activity a week), which is above both the GM average of 26.8% and the national average of 25.1%. This equates to 50,200 adults in Tameside, but is a decrease of 4,000 adults (-2.5%) since 2015-16.

## 4/10 ADULTS & 6/10 CYP

There are still 4/10 (40.5%) adults (16+ years) and 6/10 (63.8%) CYP (Children and Young People, between 5-15 years) not reaching Chief Medical Officers Guidelines, to benefit their health. This is higher than the GM average for adults at 39.4% and the GM average for CYP at 60.1%.



## GM TARGETS

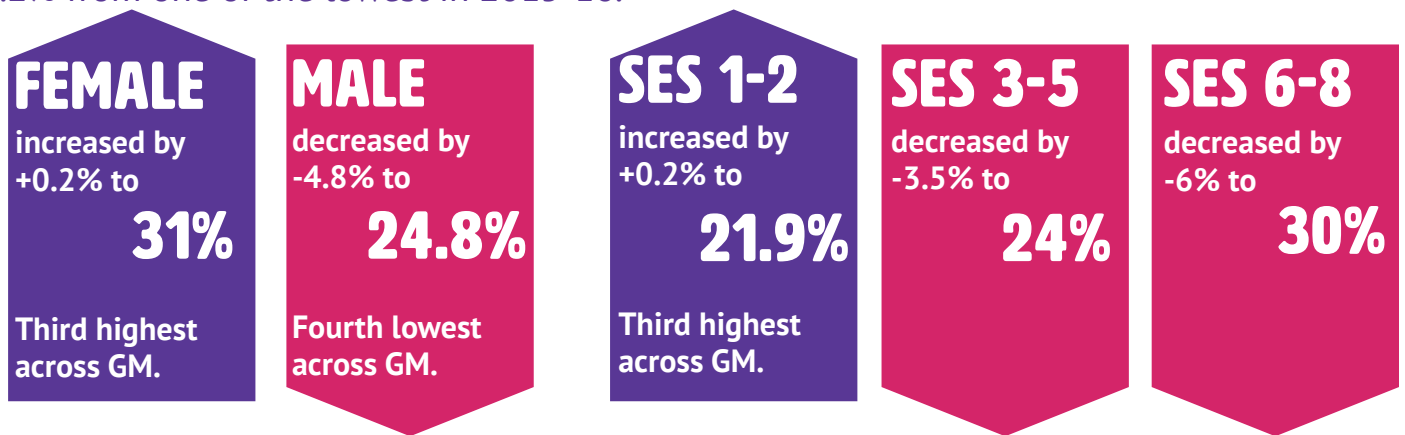


# PEOPLE IN A PLACE

There are significant inequalities in **inactivity** levels across people and place. The trend at a GM and national level since 2015-16 has seen the gender, disability and age (between 16-34 year olds and 75+) inactivity gaps narrow, or improve, but the socio-economic status (SES, between SES 6-8 and SES 1-2) gap has remained the same.

Whereas in **Tameside**, the SES and disability gaps have narrowed, but the gender and age gaps have increased.

The **gender** gap has increased by **+5%**, making it third highest across GM at 6.2% from one of the lowest in 2015-16. The **SES** gap has narrowed by **-6.2%**, the second lowest across GM at 8.1%.



The **disability** gap has narrowed considerably by **-9.5%** to 18.4%, third lowest across GM.

The **age** gap has increased by **+10.1%**, the second highest at 41.9%.

