

YEAR 5/6 SPORTSHALL ATHLETICS

25TH MARCH 2020



Teams

All players must be in year 5 and/or year 6
Squads should have a minimum of 9 girls and 9 boys and a maximum of 15 girls and 15 boys.
Athletes can compete in a maximum of 2 track and 2 field events

LEVEL 1

Intra-school

LEVEL 2

Inter-school

LEVEL 3

County level

Competition Format - Track

1+1 lap relay	2 girls and 2 boys
2+2 lap relay	
6 lap paarlauf	
Obstacle relay	4 girls and 4 boys
Over/under relay	
4x1 lap relay	

Excel Pathway

To compete in this event schools must qualify through their level 2 competitions in their boroughs.

Competition Format - Field

Chest push	3 girls and 3 boys
Soft javelin	
Speed bounce	
Standing long jump	
Standing triple jump	
Vertical jump	

Competition Scoring

The emphasis is upon team participation rather than individual success. Whilst being able to record each athlete's times/distances, it is the overall team score that will be counted.

Track Events

The order teams finish each race is recorded, times can be noted alongside this. Points are awarded based on position, 1st place will be awarded 40 points, 2nd place 38 points etc. (for 20 teams).

Field Events

3 girls and 3 boys will contest each event with individual scores being recorded but the best try of each child is added together to create a team total which determines team position and points.

The scoring sheets will calculate positions and can be found here.

Rules

[All rules can be found here](#)



Fair Play

The ideals of good sportsmanship and respect should permeate throughout all competitive and recreational sport. They are displayed by someone who abides by the rules of a contest, respects their opponents and accepts victory or defeat graciously.

Health and Safety

Players must wear suitable footwear.

No jewellery to be worn.

All loose clothing must be tucked in and shoelaces tied.

No chewing gum or sweets.

Players should bring plenty of drinks.

All players are advised to warm up appropriately before each match.

When not competing, players must remain off the court and not get in the way or distract officials.

Medical supplies that players may need should be brought with them on the day i.e. asthma inhalers.

All team teachers must ensure their pupils are under adult supervision at all times, even when playing.

Please ensure students have been briefed on health and safety.



MANCHESTER
CITY COUNCIL



Sportshall