

# GREATERSPORT YEAR 3/4 MULTI SKILLS

## 25<sup>TH</sup> MARCH 2020



### Teams

All players must be in year 3 and/or year 4  
Squads should have 12 players of mixed genders.

There will be 12 players on an activity station at a time.

Teams should be made up of pupils who have not taken part in the School Games before.

### Equipment

All equipment will be provided on the day.  
Schools should ensure participants are wearing suitable sportswear and footwear for indoor activity. Please see the example activity stations, where possible these should be practiced ahead of the event.

### Competition Format

Each team will rotate round 10 activity stations led by young leaders. They will keep their own team score on a score card supplied. They will then complete a second circuit and aim to beat their individual personal best.

Schools will be ranked in finishing orders for both round as well as greatest improvement in scores.

Bonus points will be awarded by leaders for good examples of the School Games values being displayed.

### BEE PROUD Pathway

Belong

Positive experience

Engagement

Represent

Enjoyment

Opportunity for all

Unlock potential

Develop people

This event is for young people who have not previously taken part in the School Games and may not actively participate in sport and physical activity in or out of school.

Schools may have participated in a festival at level 2 but entry to the level 3 competition will be determined by local School Games

### Stations

Teams will rotate round the following activity stations for 10 minutes. The first two minutes will be the explanation then they will have 8 minutes to score as many points for their teams as possible.

1. Archery
2. Tri golf
3. Balloon volleyball
4. Personal challenge 1
5. Tennis skills
6. Orienteering games
7. Personal challenge 2
8. Obstacle relay
9. Skipping
10. Personal challenge 3



## Fair Play

The ideals of good sportsmanship and respect should permeate throughout all competitive and recreational sport. They are displayed by someone who abides by the rules of a contest, respects their opponents and accepts victory or defeat graciously.

## Health and Safety

Players should wear suitable footwear.

No jewellery to be worn.

All loose clothing must be tucked in and shoelaces tied.

No chewing gum or sweets.

Players should bring plenty of drinks.

All players are advised to warm up appropriately before each match.

Medical supplies that players may need should be brought with them on the day i.e. asthma inhalers.

All team teachers must ensure their pupils are under adult supervision at all times, even when playing.



**MANCHESTER**  
CITY COUNCIL

