

GREATERSPORT U13 & U15 HANDBALL

DATE TBC



Teams

U13 - all players must be in year 7 and/or year 8

U15 - all players must be in year 9 and/or year 10

Squads can have up to 14 players

7 players on the court at a time, 6 field players and 1 goalkeeper

Substitutes may enter the game at any through the substitution area as long as the player they are replacing has left the court.

LEVEL 1

Intra-school

LEVEL 2

Inter-school

LEVEL 3

County level

Excel Pathway

To compete in this event schools must qualify through their level 2 competitions in their boroughs.

Equipment

U13 Girls – size 0 ball

U13 Boys/U15 Girls – size 1 ball

U15 Boys – size 2 ball

Minimum 30m x 16m, maximum 40m x 20m court

3m x 2m goals

Defensive Rules

Individual Marking

Teams can't individually mark a single opposition player. If one player man marks then the rest of the team must implement man-to-man defence.

Defensive Formation

Teams must defend in 2 lines i.e. teams are not allowed all their players around the goalkeeper area in a 6:0 defence.

Penalties

Players start at the half way line and have 7 seconds to shoot from the whistle: 1 v 1 against the goalkeeper.

Normal rules apply, players may dribble, however, there are no rebounds or 2nd attempts.

Points

3 points for a win, 2 points for a draw, 1 point for a loss.

In the event of a tie league table positions will be determined by: 1 head-to-head result, 2 goal difference, 3 goals scored.



Competition Format

Matches should be 10 minutes straight through (or more where possible), with a 5-minute break between matches.

The top 2 teams play in a final to decide winners and placement matches where appropriate.

Where more than one court is running matches can be run on central time.

One referee is required on court - this can be a teacher/leader or qualified handball referee.

Where possible 2 referees should be used.

The referee or, preferably, table officials will be responsible for scorekeeping and timekeeping.

Extra Time

In any play-off games/final a tie at full-time will result in 5 minutes of extra time.

If the game is still tied after extra-time a change of ends is mandatory followed by 5 minutes of extra time.

If the game remains tied it will go to penalties with each team taking 5 penalties, after this it will go to sudden death.

The whole team, including the goalkeeper, must take one penalty before shooting again.

Fair Play

The ideals of good sportsmanship and respect should permeate throughout all competitive and recreational sport. They are displayed by someone who abides by the rules of a contest, respects their opponents and accepts victory or defeat graciously.

Health and Safety

Before all matches this must be read and adhered to:

Players can't play if they are barefoot or in unsuitable footwear.

No jewellery to be worn.

All loose clothing must be tucked in and shoelaces tied.

No chewing gum or sweets.

Players should bring plenty of drinks.

All players are advised to warm up appropriately before each match.

When not competing, players must remain off the court and not get in the way or distract officials.

Medical supplies that players may need should be brought with them on the day i.e. asthma inhalers.

All team teachers must ensure their pupils are under adult supervision at all times, even when playing.



**MANCHESTER
CITY COUNCIL**

