Active Lives Results

Headline Adult Active Lives Statistics

Salford Overview

24.4%

InactiveLess than 30 minutes a week.

14.5%

Fairly Active 30-149 minutes a week.

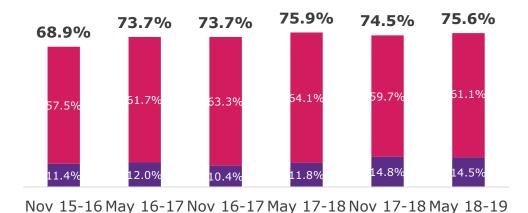
61.1%

Active 150+ Minutes per week.

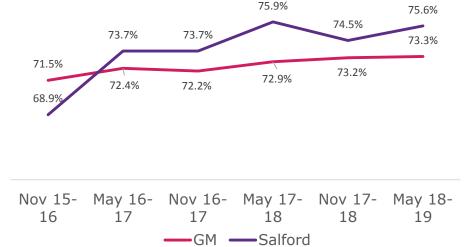
- 75.6% of adults in Salford are moving, at least 30 minutes a week, equivalent to 153,400 adults.
- This is a significant improvement since baseline (November 2015-16) of 6.7% and 17,900 adults.
- This has changed over the last year:
 - in the last 12 months (since May 2017-18) a decrease of 0.3% but 900 more adults moving
 - in the last 6 months (since November 2017-18) an increase of 1.1%.
- Salford have closed the difference since baseline (November 2015-16) and are now above the Greater Manchester (GM) average of 73.3%.

Salford % Adults Moving (Fairly Active and Active)

Salford % Adults Moving (Fairly Active and Active)



■ Fairly Active ■ Active

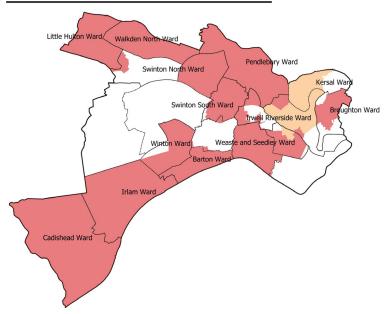


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Mapping of Inactivity Levels



Inactivity levels range at middle super output area (MSOA) level from 16.7% in Salford 022 (south of Broughton and Irwell Riverside, north of Ordsall wards) to 35.5% in Salford 001 (north-east of Little Hulton ward).

Inactivity has decreased since 2015-16 for all demographics in Salford below, apart from NS SEC 3-5 and 75+ years.

It is highest for those aged 75+ and those with a disability. However, in relation to GM averages, Salford is only above for NS SEC 3-5 and 75+ years.

Inactivity by Demographics in Salford compared to GM

