### Active Lives Results

## **Headline Adult Active Lives Statistics**

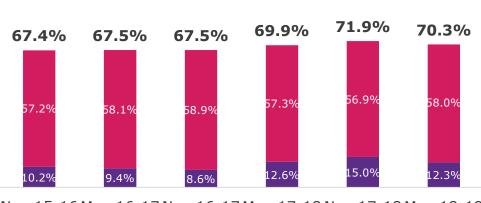
## Wigan Overview



- 70.3% of adults in Wigan are moving, at least 30 minutes a week, equivalent to 186,100 adults.
- This is an improvement since baseline (November 2015-16) of 2.9% and 9,600 adults.
- But has fluctuated in the last year:

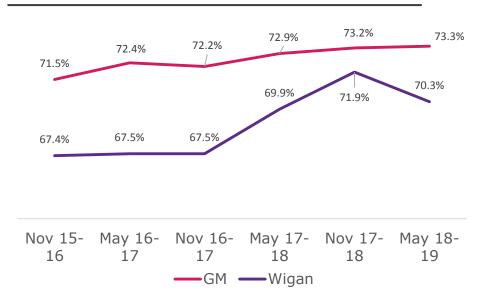
Wigan % Adults Moving (Fairly Active and Active)

- in the last 12 months (since May 2017-18) an increase of 0.4% or 1,600 more adults moving
- in the last 6 months (since November 2017-18) a decrease of 1.6%.
- Wigan have closed the difference since baseline (November 2015-16) but are still below the Greater Manchester (GM) average of 73.3%.



Nov 15-16 May 16-17 Nov 16-17 May 17-18 Nov 17-18 May 18-19

■ Fairly Active ■ Active



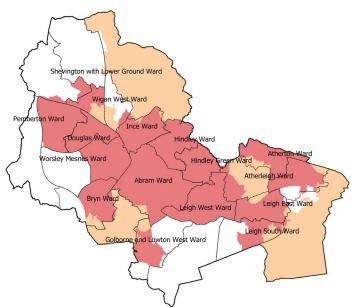
### Wigan % Adults Moving (Fairly Active and Active)

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### Wigan Overview

### Mapping of Inactivity Levels



Inactivity levels range at middle super output area (MSOA) level from 21.7% in Wigan 006 (Wigan Central ward) to 39.8% in Wigan 010 (Pemberton and northwest of Douglas wards).

Inactivity has decreased or stayed the same since 2015-16 for all demographics in Wigan below, apart from males, NS SEC 6-8 and 16-34 years.

It is highest for those aged 75+, those with a disability and those from lower socio-economic backgrounds (NS SEC 6-8).

In relation to GM averages, Wigan is higher or similar for all, apart from 75+ years.



#### Inactivity by Demographics in Wigan compared to GM

\*Higher, Middle and Lower income categories in the National Statistics Socio-economic Classification

Inactivity by Demographics in Wigan over time

