

# Headline Children & Young People Statistics

## Salford Overview

Academic Year 2018-2019  
CYP Active Lives

Published December 2019

The second CYP Active Lives survey was published in December 2019 by Sport England and reflects data from the academic year 2018-19.



The recommendation for children & young people, aged 5 – 16 is to do a minimum of 60 minutes every day.

- 22.8% of children & young people in Salford are achieving 60 minutes of physical activity every day, this is equivalent to 7,400 children & young people.
- 15,100 are averaging 60 minutes a day

**OVER  
1 IN 3**

Children have volunteered twice in the last 12 months.

**37.1%**

**Overweight and obese**  
Of children classified as overweight or obese by year 6

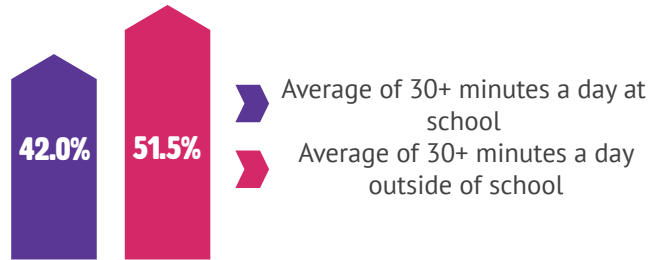
National Child Measurement Programme data, 2018/2019

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The Chief Medical Officer recommends that children and young people should be active for 30 minutes at school and 30 minutes outside of school

**1 IN 2 YOUNG PEOPLE IN SALFORD  
ACHIEVE AN AVERAGE OF 30  
MINUTES+ OUTSIDE OF SCHOOL**

**67.7%**

**School Readiness**  
Of children achieving  
“Good level” of  
development by age 5.

Public Health England Data, 2019

**OVER 6 IN 10 YOUNG PEOPLE DO LESS  
THAN AN AVERAGE OF 30+ MINUTES  
AT AND OUTSIDE SCHOOL**

