

# Headline Children & Young People Statistics

## Tameside Overview

The second CYP Active Lives survey was published in December 2019 by Sport England and reflects data from the academic year 2018-19.



The recommendation for children & young people, aged 5 – 16 is to do a minimum of 60 minutes every day.

- 20.0% of children & young people in Tameside are achieving 60 minutes of physical activity every day, this is equivalent to 6,300 children & young people.
- 13,900 are averaging 60 minutes a day

**OVER  
1 IN 3**

Children have volunteered twice in the last 12 months.

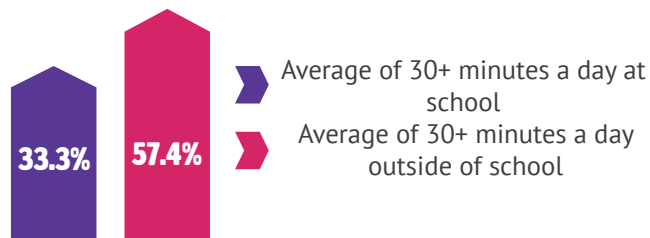
**36.2%**

**Overweight and obese**  
Of children classified as overweight or obese by year 6

National Child Measurement Programme data, 2018/2019

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**MORE THAN 7 IN 10 YOUNG PEOPLE DO LESS THAN AN AVERAGE OF 30+ MINUTES AT AND OUTSIDE SCHOOL**

The Chief Medical Officer recommends that children and young people should be active for 30 minutes at school and 30 minutes outside of school

**NEARLY 3 IN 5 YOUNG PEOPLE IN TAMESIDE ACHIEVE AN AVERAGE OF 30 MINUTES+ OUTSIDE OF SCHOOL**



**66.9%** **School Readiness**  
Of children achieving "Good level" of development by age 5.

Public Health England Data