

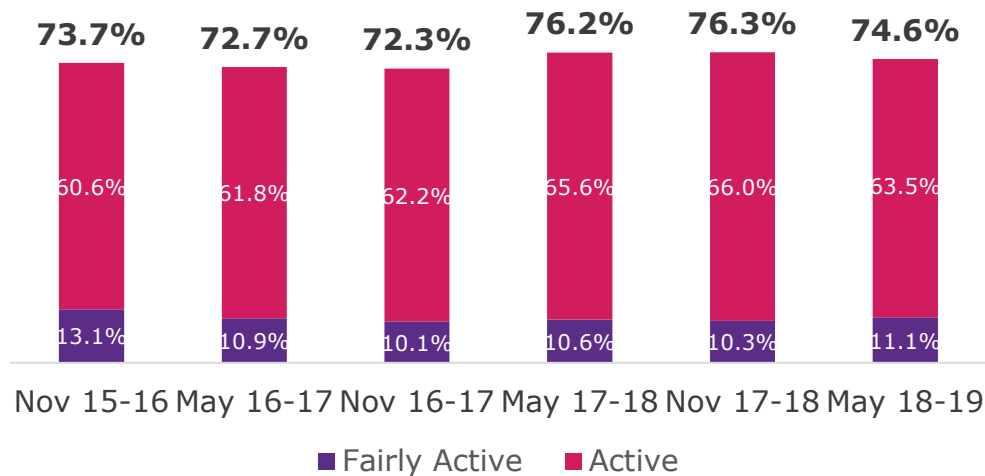
Headline Adult Active Lives Statistics

Manchester Overview

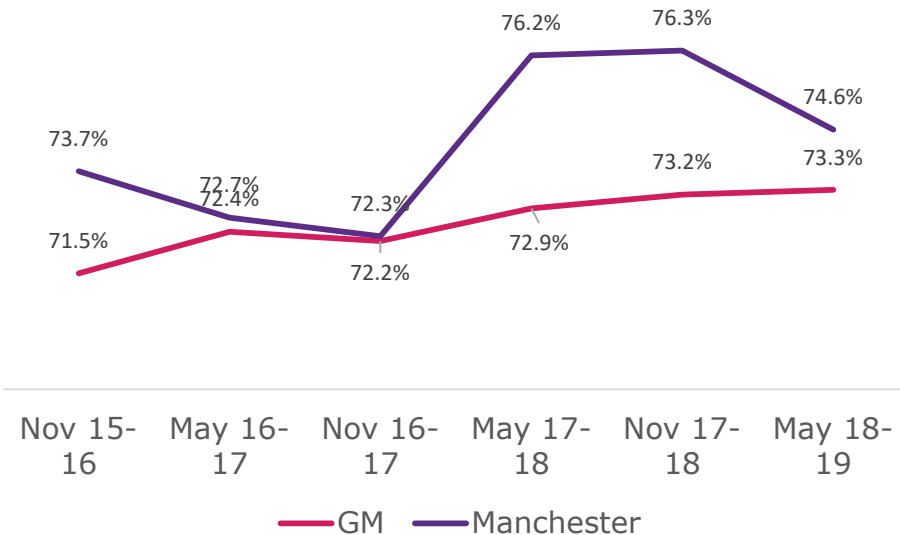


- 74.6% of adults in Manchester are moving, at least 30 minutes a week, equivalent to 325,700 adults.
- This is an improvement since baseline (November 2015-16) of 0.9% and 13,600 adults.
- But a decrease in the last year:
 - in the last 12 months (since May 2017-18) of 1.6% or 5,800 fewer adults moving
 - in the last 6 months (since November 2017-18) of 1.7%.
- Has maintained above the Greater Manchester (GM) average of 73.3% since November 2015-16.

Manchester % Adults Moving (Fairly Active and Active)



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Headline Adult Active Lives Statistics

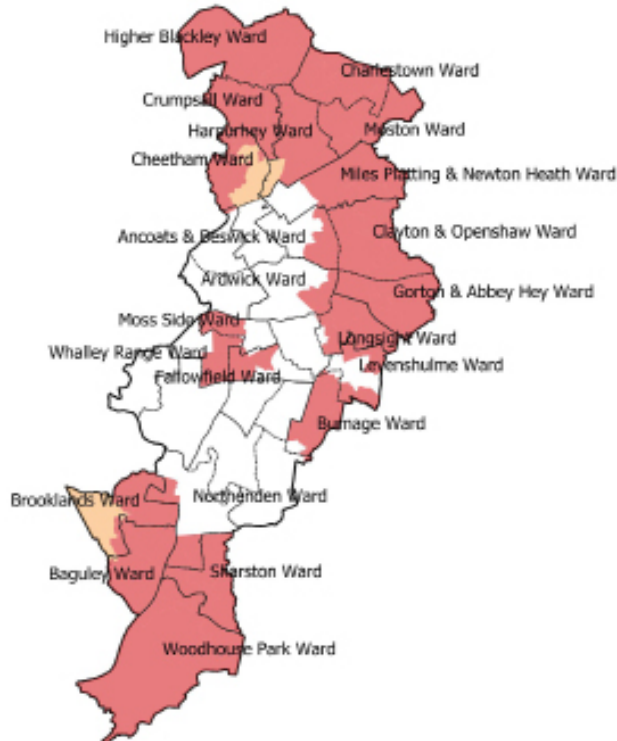
Manchester Overview

Mapping of Inactivity Levels

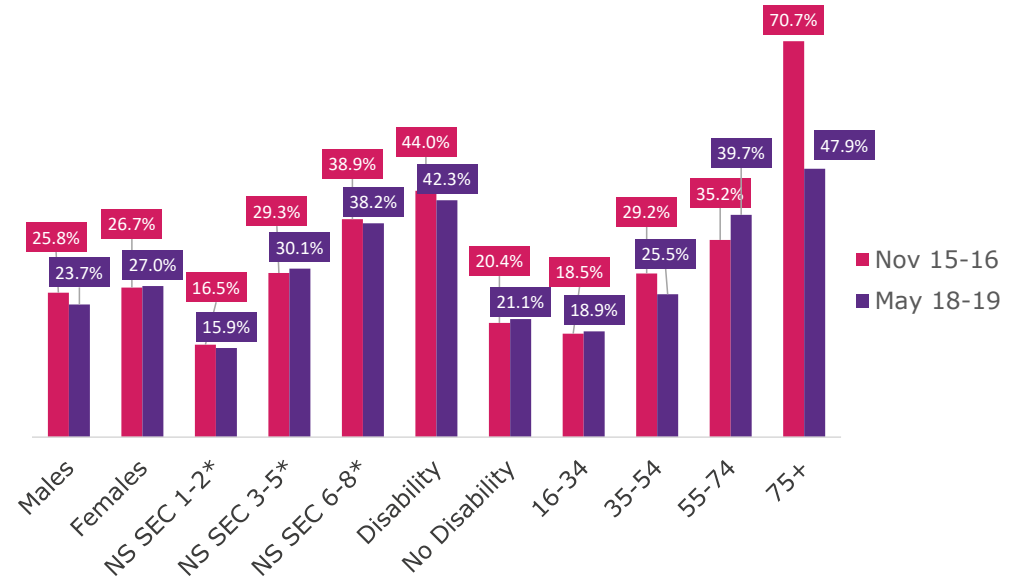
Inactivity levels range at middle super output area (MSOA) level from 10.2% in Manchester 060 (Deansgate ward) to 36.1% in Manchester 012 (east of Miles Platting & Newton Heath and Clayton & Openshaw wards).

Inactivity has decreased or remained similar for all demographics in Manchester, apart from 55-74 years. In particular 75+ years, which has seen a 22.8% decrease.

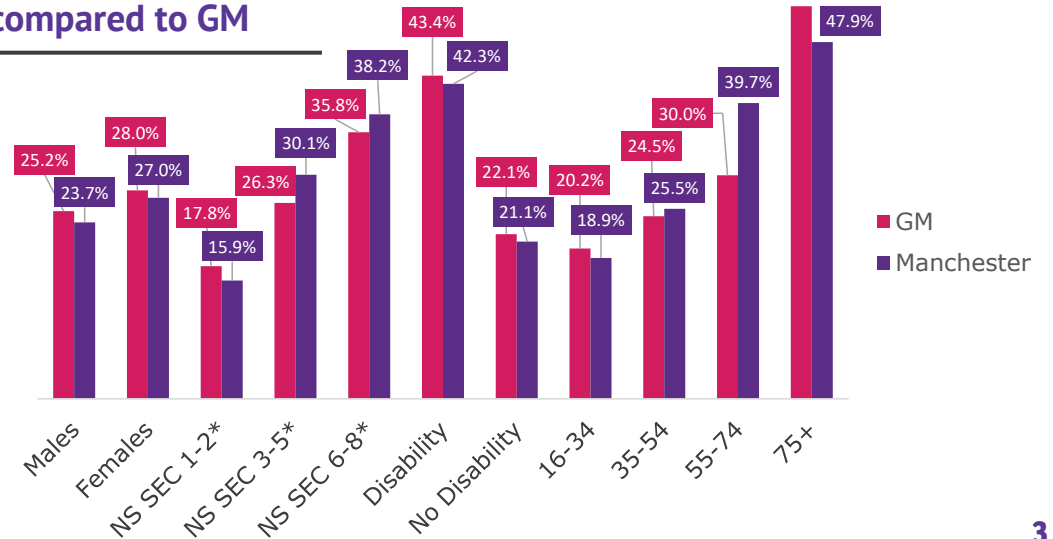
It is highest for those aged 75+ and those with a disability. NS SEC 3-5 and 6-8, as well as 35-54 and 55-75 years, are above the GM average.



Inactivity by Demographics in Manchester over time



Inactivity by Demographics in Manchester compared to GM



*Higher, Middle and Lower income categories in the National Statistics Socio-economic Classification