

# Headline Adult Active Lives Statistics

November 2018-19

## Bury Overview

Active Lives Results

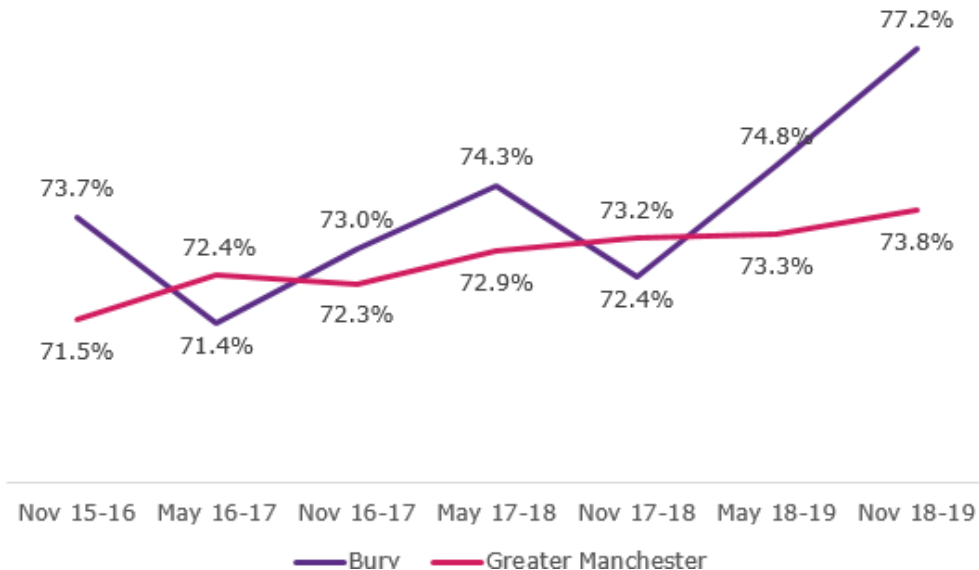
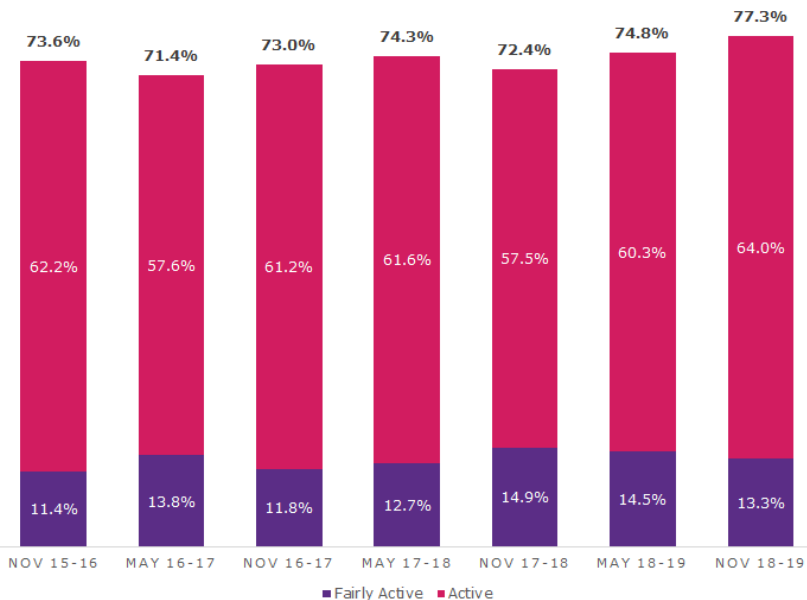


**77.2%** **Bury Adults Moving**  
This is equivalent to 116,900 adults moving for at least 30 minutes a week.

- This is an increase since baseline (November 2015-16) of 3.6%.
- Faster rate of growth than the Greater Manchester (GM) average, Bury is above the GM average for moving.
- The last 12 months (since Nov 2017-18) has seen an increase in activity levels of 4.9%

### Adults Moving in Bury (Fairly Active and Active)

### Adults Moving in Bury and Greater Manchester



# Adult Active Lives Statistics: Demographics

November 2018-19

Active Lives Results

## Bury Overview

Since the first Active Lives release, November 2015-16, Bury has seen a decrease in inactivity levels across the majority of cohorts. The exception to this being those from lower income categories. The largest decreases in inactivity have been amongst those in middle income categories with an 8.2% decrease, males, a 6.7% decrease, and those aged 35-54, a 5.3% decrease.

**0.5%**

Gender gap decrease since Nov 15/16

Despite this decrease, the gender gap has flipped. In Nov 15/16, men were more likely to be inactive, however women are now more likely to be inactive than men with a gap of 0.2%. This is higher than the GM gap of 2.5%.

**10.0%**

Socio-economic gap increase since Nov 15/16

An increase in inactivity for lower income categories and a reduction for higher income categories has grown the inactivity socio-economic gap to 15.2%. This is lower than the GM gap of 15.5%.

**1.5%**

Disability gap increase since Nov 15/16

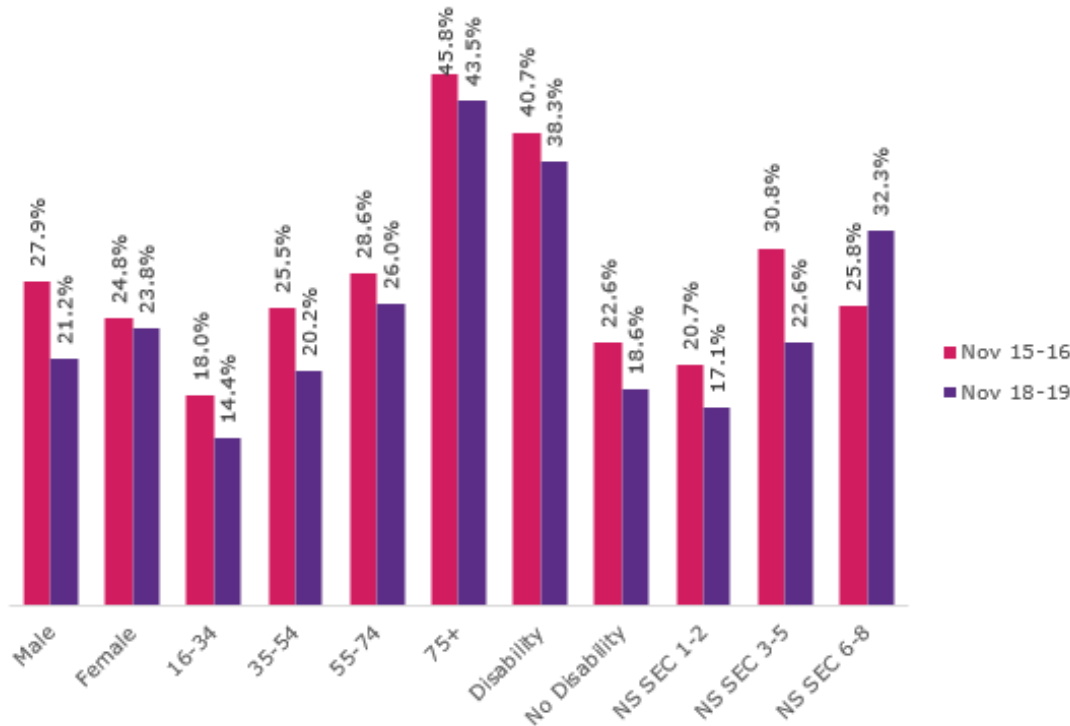
Both those with a long term limiting disability and those without are moving more, however, the inactivity disability gap has increased to 19.6%. This is lower than the GM gap of 21.4%.

**1.3%**

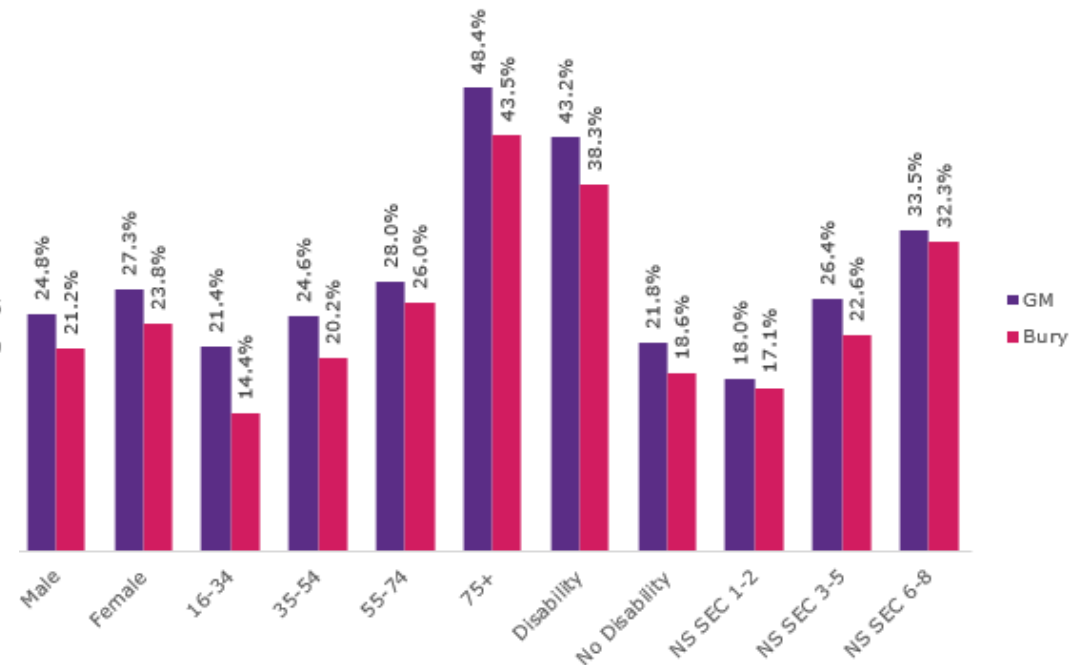
Age gap increase since Nov 15/16

Inactivity has declined across all ages, however, the gap between those 75+ and 16-34 has increased to 29.1%. This is higher than the GM gap of 27.1%.

### Inactivity by Demographics in Bury over time



### Inactivity by Demographics in Bury compared to GM



NS SEC 1-2, 3-5 and 6-8 relate to higher, medium and lower income categories in the National Statistics Socio-Economic classifications