

# Headline Adult Active Lives Statistics

November 2018-19

## Rochdale Overview

Active Lives Results



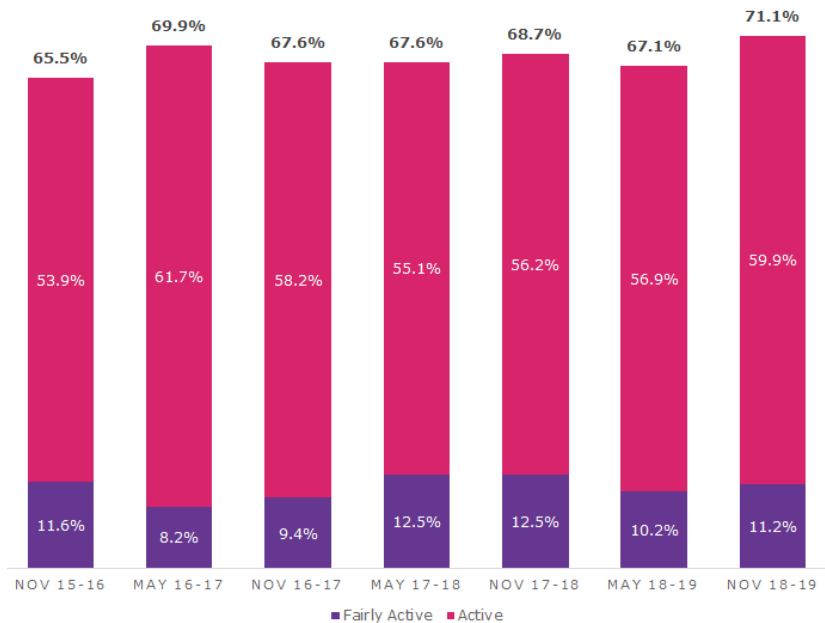
**71.1%**

### Rochdale Adults Moving

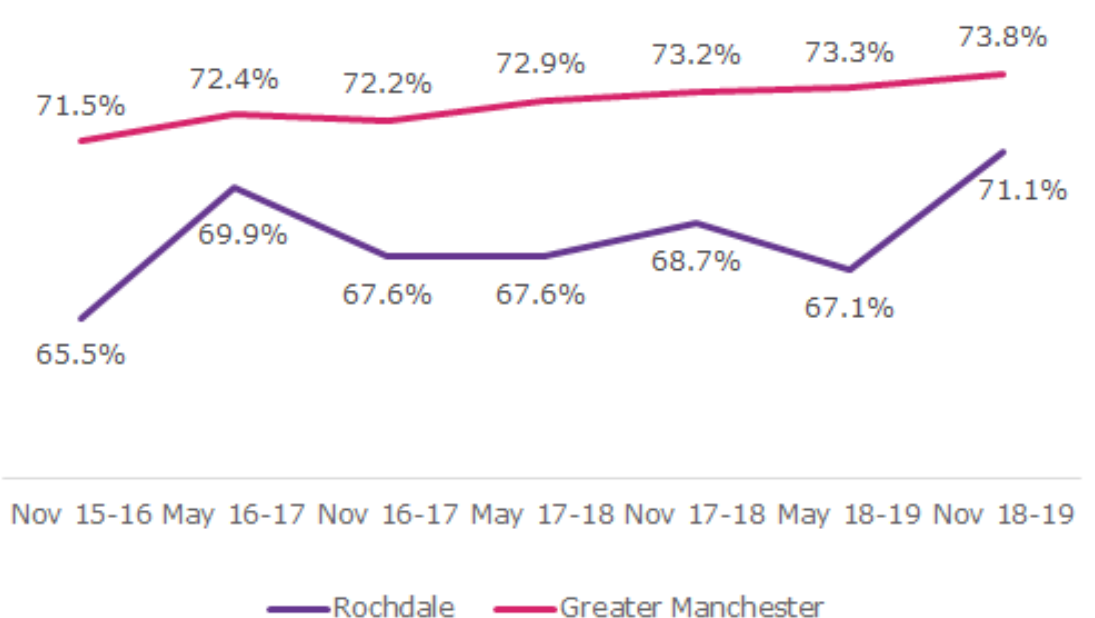
This is equivalent to 122,700 adults moving for at least 30 minutes a week.

- This is an increase since baseline (November 2015-16) of 5.6%.
- Faster rate of growth than the Greater Manchester (GM) average, Rochdale remains below the GM average for moving.
- The last 12 months (since Nov 2017-18) has seen an increase in activity levels of 2.4%.

### Adults Moving in Rochdale (Fairly Active and Active)



### Adults Moving in Rochdale and Greater Manchester



# Adult Active Lives Statistics: Demographics

November 2018-19

## Rochdale Overview

Active Lives Results

Since the first Active Lives release, November 2015-16, Rochdale has seen a decrease in inactivity levels across the majority of cohorts. The exception to this being those from lower income categories. The largest decreases in inactivity have been amongst those aged 75+ with an 11.0% decrease, those with a long term limiting disability, a 7.5% decrease, and those aged 16-34, a 6.7% decrease.

**0.3%**

Gender gap decrease since Nov 15/16

Both males and females are moving more, this has helped to close the inactivity gender gap to 4.1%. This is higher than the GM gap of 2.5%.

**7.3%**

Socio-economic gap increase since Nov 15/16

An increase in inactivity for lower income categories and a reduction for higher income categories has grown the inactivity socio-economic gap to 25.0%. This is higher than the GM gap of 15.5%.

**1.9%**

Disability gap decrease since Nov 15/16

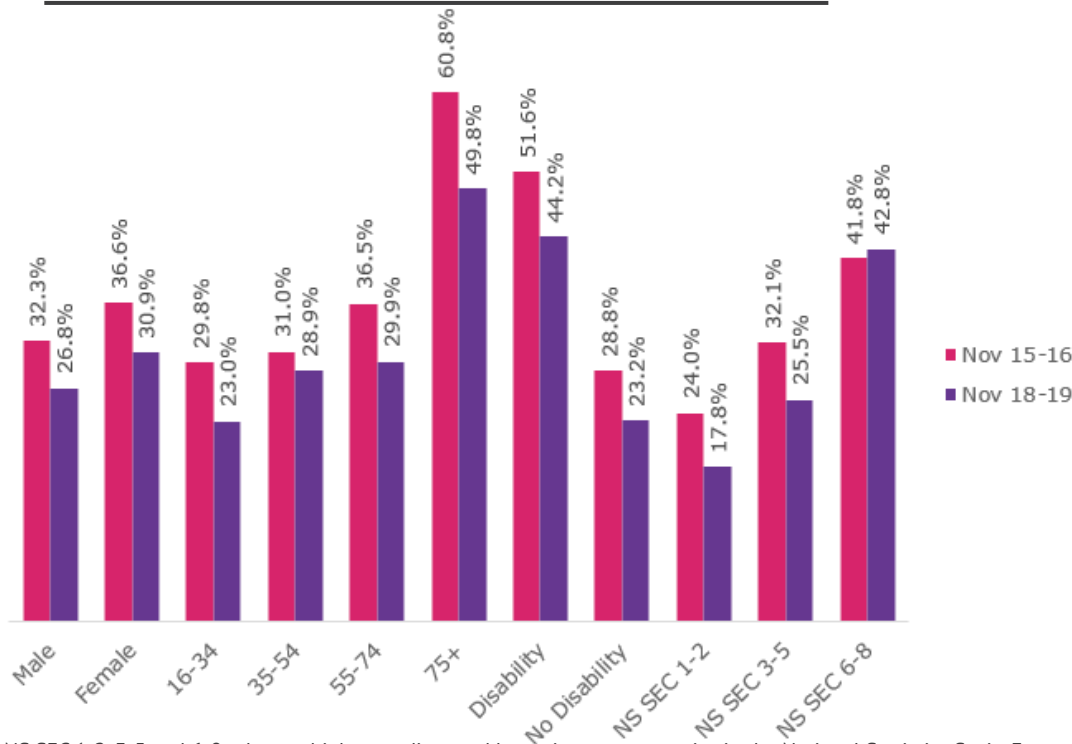
Both those with a long term limiting disability and those without have become more active, this has helped reduce the inactivity disability gap to 21.0%. This is lower than the GM gap of 21.4%.

**4.3%**

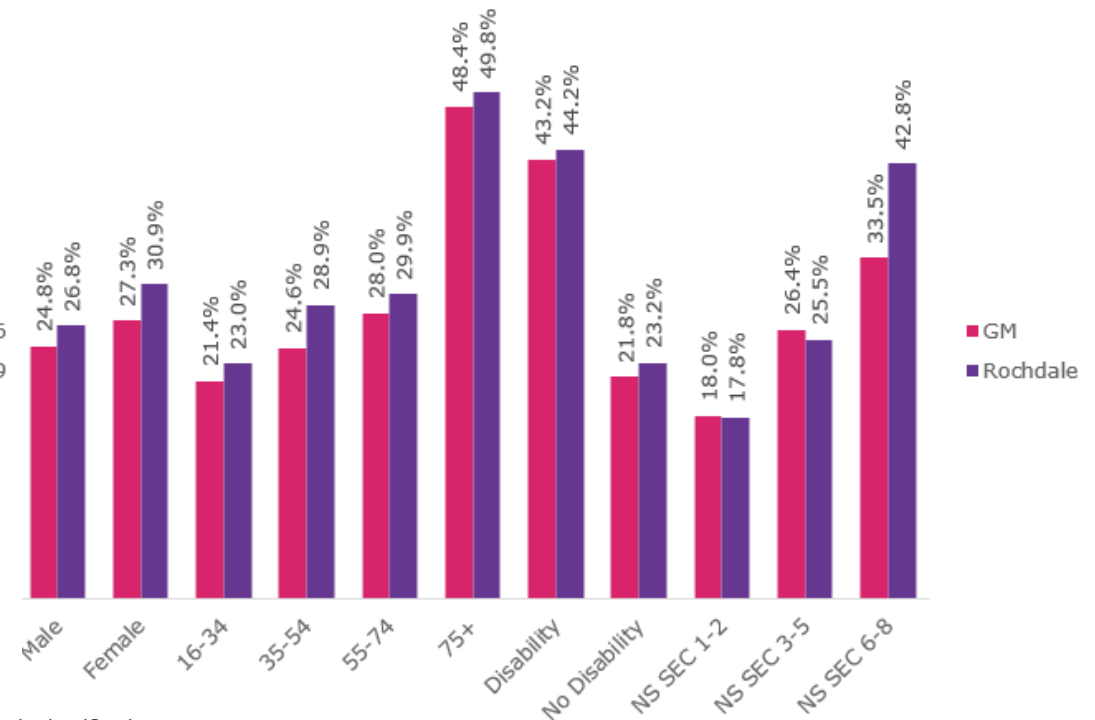
Age gap decrease since Nov 15/16

Inactivity has declined across all ages, this has helped reduce the gap between those 75+ and 16-34 to 26.7%. This is lower than the GM gap of 27.1%.

### Inactivity by Demographics in Rochdale over time



### Inactivity by Demographics in Rochdale compared to GM



NS SEC 1-2, 3-5 and 6-8 relate to higher, medium and lower income categories in the National Statistics Socio-Economic classifications