

Code of Conduct for Coaches

The Coach's Charter

- Coaches must respect the rights, dignity and worth of every person and treat everyone equally within the context of their sport.
- > Coaches must place the wellbeing and safety of the performer above the development of performance. They should follow all quidelines laid down by their sport's Governing Body and hold appropriate insurance cover.
- Coaches must develop an appropriate working relationship with performers, especially children, based on mutual trust and respect. Coaches must not exert undue influence to obtain personal benefit or reward.
- > Coaches must encourage and quide performers to accept responsibility for their own behaviour.
- Coaches should hold up-to-date nationally recognised governing body coaching qualifications.
- > Coaches must ensure the activities they direct or advocate are appropriate for the age, maturity, experience and ability of the individual.
- > Coaches should at the outset clarify with performers, and where appropriate their parents, exactly what is expected of them and what performers are entitled to expect from their coach.
- > Coaches should co-operate fully with other specialists (e.g. other coaches, officials, sport scientists, doctors and physiotherapists) in the best interest of the performer.
- Coaches should always promote the positive aspects of their sport (e.g. fair play) and never condone rule violations or the use of prohibited substances.
- > Coaches must consistently display high standards of behaviour and appearance.

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